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A DAY OUT WITH THE ADOLESCENTS 2018 EDITION

Human Development Initiatives on Friday 9th February, 2018 rolled out their annual programme “A Day Out with Adolescents” for in-school adolescents and school counsellors in Lagos State. The event was held at their offices with representation from 27 schools in Lagos State Education Districts II and IV. Each school was represented by 3 students and a school counsellor. This event was a two-in-one programme, targeting students and counsellors separately. The students’ theme was “Emotional Intelligence” while the counsellors’ session was on “Understanding & dealing with emotional challenges of students”.

The Executive Director of Human Development Initiatives, Mrs Olufunso Owasanye gave the opening speech where she encouraged students to report issues that bother them and seek help. She also informed the students to open up during their session since their counsellors would have their session separately. After her opening address the counsellors were moved to another venue where they had their session.

THE COUNSELLORS’ SECTION:

The counsellors’ session was facilitated by Mrs Ibronke Awala. The session focused on educating counsellors on understanding and dealing with students with emotional challenges. The session explained vividly the crucial issue of abuse whether psychological, physical, emotional, sexual and neglect. The counsellors participated with interest during the Seminar as many of them shared personal experiences in their various schools as a seasoned counsellor. Discussions were held during the Seminar as the facilitator Mrs Ibronke Awala, had the opportunity to educate and enlighten the counsellors on counseling sessions procedures. After much discussions and expressions, the participating counsellors were given an evaluation form to rate the program and the evaluations were both appreciative and suggestive. Many of them emphasized the need to involve other individuals in the educational sector, especially the principals and teachers in the schools.

THE STUDENTS’ SECTION:

The first session for the students was on “Emotional Intelligence” which was taken by Mrs Olufunso Owasanoye. She pointed out that increase in the reports of students with depression and suicidal contemplation informed the theme (Emotional Intelligence) for this year’s program. She admonished students facing emotional challenges, to seek help from counsellors because keeping silent may lead to depression. She emphasized discipline in decision making as important factor in emotional intelligence. She further explained to the students how to manage their emotions and control their feelings.

The students were later divided into two groups according to their gender: Boys discussed effect of drug abuse and sex on teenagers, while the topic discussed with the Girls was Relationship and Charting Menstrual Cycle. The students were enjoined to view the valentine day differently from the knowledge of sexual love.

Finally, the students testified to benefitting greatly from the programme. The program gave a clear understanding of the concept of “Emotional Intelligence”; which includes the virtues and morals that should be upheld as teenagers with promising future. In attendance were twenty-seven (27) counsellors and one hundred and two (102) students across selected schools in Lagos State Education Districts II and IV.



THE STUDENTS' SECTION



THE COUNSELLORS' SECTION

STAFF SUPPORT FOR A GROWING TEAM

Childline Zimbabwe has continued on the growth path from 2017 to 2018. Of note is the increase in the number of drop in centres from 26 to 31. This means more staff and more attention needed for the team. To ensure that everyone starts the year in a good footing, Childline management team began with management support visits for each of the drop in centres. This is to ensure that management and all members of staff have the same appreciation of the progress happening at each centre. The main aim of these support visits is to ensure that each centre gets the support needed to provide the best service for children.



Childline National Director Stella Motsi & Mashonaland Helpline Manager Marshall Kaseke, meeting with the Dzivarasekwa Drop in Centre team led by Rose.



It was good meeting: Childline Management poses for a picture with the Dzivarasekwa team at the end of the support visit.



The Centenary Drop-in centre team in Mashonaland Central gathers to receive a new vehicle from management



Official handover of new vehicle to Centenary Drop in centre team by Childline Director Stella Motsi



Marshall Kaseke Mashonaland Helpline Manager (Far left) & Chengetai Nyamukapa Programmes Manager (Far Right) briefing with the Mazowe drop in team.